

4th Annual Parent Conference
LEARNING TOGETHER

Saturday, February 19, 2011

AGENDA

NAME: _____

8:30 am Check-in at NPSS (gym doors)/coffee/view displays

9:00 – 9:20 am Keynote address – Gary Anaka
“HOW TO GROW A CHILD’S BRAIN”

9:30 – 11:00 am Session 1

- A. How To Grow A Child’s Brain
- B. What Do I Do When My Kids Don’t Get Math?
- C. How To Support Positive Directions and Decisions
- D. Personalized Learning: The 21st Century and the Enerplex Learning Centre
- E. Take the “DUH” Out of Divorce
- F. The Anxious Child: Fight! Flight! Or Freeze!
- G. Boys and Bullying
- H. Understanding the Adolescent Youth

11:00 – 11:15 am Nutrition Break

9:30-12:30 pm Full Morning Session

- I. Emotional Freedom Technique
- J. Getting Ready To Print

11:15 - 12:30 pm Session 2

- A. How To Grow A Child’s Brain
- B. What Do I Do When My Kids Don’t Get Math?
- C. Internet Safety
- D. Personalized Learning: The 21st Century and the Enerplex Learning Centre
- E. Mean Girls
- F. Your Amazing Child! Ways to Embrace and Support Your Child’s Uniqueness
- G. What Is Play Based Learning?
- H. Nutrition for the Young Athlete (9-12 years old)
- I. Parent and Child Yoga (3 – 6 years old)
- J. Sugar Unplugged – Your Child Doesn’t Hate You...It’s The Sugar Talking!

12:30 – 1:15 pm Lunch Provided

1:15 – 2:45 pm Session 3

- A. How To Grow A Child’s Brain?
- B. Rhyme, Rhythm and Song
- C. Internet Safety
- D. Getting Ready for Kindergarten
- E. Self-Harm in Youth
- F. Your Amazing Child! Ways to Embrace and Support Your Child’s Uniqueness
- G. Scrapbooking With Your Children
- J. Nutrition for the Young Athlete (13+ years old)
- I. Parent and Child Yoga (7-9 years old)
- J. Community Engagement To Support Our Youth
- K. The TV’s Broken

0 – 3 Year Old Special Sessions

- 1A. Baby Food Basics- Making it With Love & A Whole Lot of Fun! 9:30-10:30 am
- 1B. Parent and Child Yoga (0 – 3) 9:30-10:15 am

- 2A. Rhyme, Rhythm and Song 11:15- 12:15 pm
- 2B. The TV’s Broken 11:15-12:15 pm