



10142 101 Ave  
(across from the Post Office)

Programs are FREE and all families welcome!  
250 785-6021 ext.232 or [www.npcrs.bc.ca](http://www.npcrs.bc.ca)

## Parent-Child Mother Goose Program

A group experience for families with children birth-4yrs.

- ❖ Rhymes/songs
- ❖ Storytelling
- ❖ Healthy snack



### Drop-in: Fridays 10-11

- Last session June 21, 2013
- Fun, energetic setting

### 10 week series: Tues.10-11

- Apr.02-June 04,2013 - Full
- Sept.10-Nov.19,2013 Pre-registration required
- Comfortable, relaxed setting

Great for families new to Mother Goose or for children that do well in a smaller group

### Cuddle- Connect-Communicate

For more information or to register:  
250-785-6021 ext.232 (Pam)

## Family Fun Night

Back Fall 2013-Dates TBA

## Nobody's Perfect Parenting Program

For parents of children birth-5 years

Discuss real life parenting situations & solutions  
8 week series

Fall 2013- Dates TBA

Pre-registration required 250 785 6021 ext. 232 Pam

## Lending Library

Looking for parenting information?

- Parenting handouts
- Borrow books + parenting DVDs
- Children's books (feelings, divorce, new baby, potty training)
- Rhyme CDs
- Toys

Available at our Family Place programming  
or by appointment:

Call Pam 250 785 6021 ext.232

## Daddy & Me

For Dads/male caregivers & their  
children 6 years and under

### Community Events

Apr.27 Sat.10:30-12 Free Swim  
NP Leisure Pool

May 04 Sat. 1-2:30pm Garden Crafts  
NP Cultural Center

June 01 Sat.10:30-12:30pm Petting Farm  
Heartbreak Acres -map ([npcrs.bc.ca](http://npcrs.bc.ca))

Sept.04 Wed.6-7:30pm Bowling  
Fort Bowling Lanes

### Strong Start Gym Nights

2nd Wed. of the month 6-7:30pm  
Robert Ogilvie School 9907 86St.



Check out

[www.FamilyFriendlyCommunity.ca](http://www.FamilyFriendlyCommunity.ca)