



10142 101 Ave
(across from the Post Office)

Programs are FREE and all families welcome!
250 785-6021 ext.232 or www.npcrs.bc.ca

Parent-Child Mother Goose Program

A group experience for families with children birth-4yrs.

- ❖ Rhymes/songs
- ❖ Storytelling
- ❖ Healthy snack



10 week series: Tues.10-11

- Pre-registration required (space is limited)
- Jan.08-Mar.12,2013
- Apr.02-June 04,2013
- Comfortable, relaxed setting

Great for families new to Mother Goose or for children that do well in a smaller group

Drop-in: Fridays 10-11

- Jan.25-June 21, 2013 (Please note there is no drop-in Mar.22 or Mar.29)
- Fun, energetic setting

Cuddle- Connect-Communicate

For more information or to register:

250-785-6021 ext.232 (Pam)

Family Fun Night

Fun for the whole family!

- ❖ Crafts
- ❖ Family Activities
- ❖ Healthy snack

Drop-in: Fridays 6-8pm

Please note: No session Feb.15
Join us at Families in Motion

Last session Mar.08, 2013

Daddy & Me

For Dads/male caregivers & their children 6 years and under



Community Events

Feb.23 Sat.10:30-11:30am Kindermusik
Simply Music 9013 100Ave

Mar.09 Sat.1-2:30pm Come & Build
NPCRS: The Family Place 10142 101Ave.

Strong Start Gym Nights

2nd Wed. of the month 6-7:30pm
Feb.13, Mar.13
Robert Ogilvie School 9907 86St.

Nobody's Perfect Parenting Program

For parents of children birth-5 years

Discuss real life parenting situations & solutions
8 week series

Jan.23-Mar.13, 2013

Fall 2013- Dates TBA

Pre-registration required 250 785 6021 ext. 232 Pam

Check out

www.FamilyFriendlyCommunity.ca