

**5th Annual Parent Conference**  
**Your Amazing Child!**  
Saturday, April 21, 2012

**Register on line at [www.prn.bc.ca](http://www.prn.bc.ca) or complete this package and take to your neighbourhood school to be fax to 785-3123 attention Pat Lang. Presenter information is followed by registration form and child minding information.**

**Paula Schmidt**

She has a long history of helping individuals and organizations succeed. Working within public education since 1996 as a parent, PAC Ed facilitator, PAC Member, DPAC Chair, and BCCPAC consultant, Paula has a clear understanding of the importance of parental involvement in public education. She is committed to informed conversation and the development of parent capacity to engage in clear meaningful dialogue for the success of all of our students.

**Keynote Address: Understanding the 21<sup>st</sup> Century Learner**

Today's students are no longer the people our education system was designed to teach. Today's students are different. Born with technology readily accessible, today's students think and process information differently than previous generations. As parents, we continue to be the primary guide and support for our children. How can we help them navigate the world they live in? What do we need to know and understand in order to ask the right questions and help them find the answers?

**SESSION 1D.**

**What Does it Mean to be a 21<sup>st</sup> Century Parent?**

The British Columbia school system is changing. Our learners are different, and so are parents. Parent involvement in public schools is shifting as new generations of learners and parents enter the system. Parents have questions about screen-time, social networks, and digital learning. They wonder how to be involved as a parent in their children's education. This session will explore the exciting era we now live in, what skills parents can share, and how they can help their 21st century learners learn and grow.

## **SESSIONS F or M**

### **What Does it Mean to be a 21st Century Learner?**

Today's students have had digital technology available from birth. This generation has both benefits and challenges in using, understanding, and managing the digital world. Today's learners are digital creators, innovators, learners, and activists. But they also need to have strategies for safety, privacy, and overload. As parents of those who were "born digital", we need strategies to help celebrate and nurture the wonders of the digital world while, at the same time, guide our children through the challenges and potential dangers.

### **Charlotte Diamond**

***"Creative and fun-loving, and an optimist who believes that people working together can create a better world"* San Jose Mercury News, CA**

Charlotte Diamond lives with her family in Richmond, British Columbia, Canada. She graduated from the University of B.C. with a Bachelor of Secondary Education, majoring in Zoology and French. She took further studies at Laval University, Quebec, in French Language and taught Science, French and Music at the junior-high school level for 12 years.

She left teaching to begin a career in Children's Music in 1985. Her first album, "10 Carrot Diamond" won the Juno Award and her songs have become known throughout North America. Inspired by her own children, Charlotte has recorded thirteen CD's and received many awards in Canada and the USA for her singable, educational songs, such as "I am a Pizza", "Four Hugs a Day", "Each of us is Flower" and "Leave the World a Little Better".

Known as a respected educator as well as a performer, Charlotte frequently presents workshops for teachers and parents on the value of singing and playing musically with our children.

For more information, visit her web site: [www.charlottediamond.com](http://www.charlottediamond.com)

## **SESSION 1A.**

### **Jump in and Sing Together!**

Through her "easy to follow" P.R.I.Z.E. Method, (The use of Props and Puppets, Rhythm, Imagination, Zipper Songs and Echo Songs), Charlotte inspires families to take full advantage of songs and musical play for the development of language, creativity, social and communication skills. The song is just the beginning!

## **Larry Espe**

Larry is the Superintendent for School District #60 and has taught or been an administrator in five schools in the District. He is passionate about individualized learning and providing opportunities for students to be actively engaged in their learning. He believes that learning can take in a variety of setting and in numerous different ways. The key to student success is engagement!

### **SESSION 1.B**

#### **Learning in the 21<sup>st</sup> Century**

School District's journey to Learning in the 21<sup>st</sup> Century! Why teaching the basic (reading, writing, and math) is not good enough. Looking at opportunities and learning in our ever-changing world so our children can be life long learners. Is technology a tool or a distraction? Ways parents can support active participation and engagement.

## **Dr. Joanne Crandall**

Dr. Joanne Crandall is an international educator and presenter. Her passion, brilliance and enthusiasm is energizing and encouraging.

### **SESSION 1.C - also Sessions J and P**

#### **Your Amazing Child! Ways to Embrace and Support Your Child's Uniqueness**

Dr. Crandall will provide strategies on how to help you child become independent and learn to self regulate enabling your child happy, empathic, and positive. She invites parents to understand that time spent with children is a privilege and an opportunity. Be prepared to laugh, learn and leave with a smile and a desire to play.

## **Jeannette Karasiuk**

Jeannette has over 15 years experience as a Career Practitioner with BC Career Management Association. She focuses on employment and career Development

### **SESSION E.**

#### **Helping Your Child Find the Right Career Path!**

The choices available for today's teens has increased dramatically, and so has the information that they need to sort through it. Today's youth are likely to experience an average of 17 employment transitions in their lifetime. Learn some techniques to guide them through it.

This session will give parents and youth tools, tips, and strategies to start or continue the career exploration process. It's never too late or too early, to help your child find the career fit that is right for them.

**SESSION F. What Does it Mean to be a 21st Century Learner?– See Paula Schmidt**

**Michelle Laboucane**

Michelle LaBoucane is a certified Restorative Justice Facilitator, and a long time Fort St John resident. Michelle has worked with youth for many years even coaching 15, 16 and 17 yr olds in hockey. Michelle is the current coordinator of the Restorative Justice program for the North Peace Justice Society.

**SESSION G.**

**Restorative Justice and Your Teen!**

Working together to rebuild relationships, restore responsibility and understanding natural consequences.

**David Burrige**

David Burrige has been an educator for over 27 years. He is very interested in child obesity and inactivity and ways to change it. Is a certified presenter for Action Schools B.C.

**SESSION H.**

**“Get Your Butt Off The Couch!”** Learn ways to engage you and your family in physical activity without going to the gym. Simple activities that are fun and help improve physical health.

**Fort St. John Child and Youth Mental Health Team: Ruth Relland, Heather Best, Trish Lorenz, Stella Ndunda and Shelene Mitchell.**

**SESSION I.**

**Mean Girls**

**A presentation focused on understanding and supporting adolescent females as they develop in marvelous and mature individuals.**

**Dr. Joanne Crandall**

**SESSION J. – See 1C**

**Carollee Norris**

Carollee Norris is the Numeracy Support Teacher for School District #60 and is passionate about mathematics! She believes all learners, including parents, learn best when actively engaged, so her sessions will have hands-on-learning.

## **SESSION K.**

### **Numbers, numbers everywhere! (Primary K-3)**

This session offers visual tools and strategies geared towards a new way of thinking about mathematics! Come join us as we explore early number concepts and ways to support your child's learning in math.

## **Vanessa Lalonde**

Vanessa has a background of working with many children, youth and families. She has a degree in Child and Youth Care and is also a Professional Life Coach. Vanessa currently works as a sexual abuse intervention counselor and has recently started her own business as a Professional Life Coach offering individual coaching sessions, corporate coaching (both individual and group) and workshops.

## **SESSION L.**

### **The Parent-Child Dance**

Honoring children as naturally creative, resourceful and whole. An interactive workshop that explores the impact of fear based parenting, offering a fresh perspective and skills.

## **SESSION M. What Does it Mean to be a 21st Century Learner? - See Paula Schmidt**

## **Carleen Andrews**

Carleen has worked in the district as a school counselor for the past 12 years. Previous to this, she worked, as a mental health counselor, with high-risk adolescents and their families.

## **SESSION N.**

### **Do You Know What Your Kids Know?**

Given that adolescents are in the process of forming a solid identity and developing autonomy from their parents they may present as not wanting adult guidance, however, adolescents, as suggested by Hazen, Scholazman & Beresin (2008), "care deeply about the ideals expressed by close authoritative role models." This session will attempt to bridge the gap between what parents and kids know about sex, drugs and relationships in an attempt to help parents maintain open communication with their child and better help them navigate this transitional time of adolescent development."

## **Sabrina Trobak B.Ed, M.A.C.P., R.C.C.**

Sabrina grew up in Fort St John and moved away after graduating from high school. Sabrina worked in the school system for almost 20 years, working in

academic and behavioral support, as a vice principal and school counselor. She then moved back to Fort St John and started her own private practice as a clinical counselor. Sabrina has completed her master's degree in counseling psychology and has extensive training in family violence and unresolved past trauma using a holistic therapeutic approach. Sabrina is also a published author of various psychology-based papers.

## **SESSION O.**

### **Empowering our Children.**

Examining parenting practices and how they impact children.

Understanding the messages behind parenting practices and learning to parent in ways that empower children to be self confident, independent, adults who are able and comfortable to make decisions, problem solve, be accountable, and respect themselves and others.

## **Session P. See 1C**

**Kindergarten Readiness Panel** (Presenters: Local Kindergarten Teachers and Early Childhood Educators - *Whether your child is entering Kindergarten this fall or in a few years, this panel will empower you to prepare them for academic and social success at school.*

## **SESSION Q.**

### **My Baby's Going to Kindergarten – How Will He/She Manage?**

Come learn how to help your child LOVE their first days at school. The panel will share strategies to help your child feel and be successful in Kindergarten. A panel of experienced Kindergarten teachers from a variety of classroom settings will present alongside knowledgeable Early Childhood Educators on key ideas for school success. Popular questions on literacy, numeracy, social skills and play based learning will be addressed. There will also be time for open questions from the floor.

### **Heather McBryan andf Moya Fenney**

Heather is an Early Childhood Educator and the Program Coordinator at Child Care Resource & Referral and has worked in the Early Childhood field for 12 years.

Moya is an Early Childhood Educator and the Resource/Educator at Child Care Resource & Referral and has worked in the Early Childhood field for 20 years.

## **SESSION R.**

### **Home-Made Play Recipes for Preschoolers (ages 1-6 years)**

Come to this fun hands on interactive workshop ready to learn how to make play-dough, goop and other fun recipes for your children. You'll leave with some ideas of interactive activities, play recipes as well as knowledge on how to create your own busy bags.

## **Carollee Norris**

Carollee Norris is the Numeracy Support Teacher for School District #60 and is passionate about mathematics! She believes all learners, including parents, learn best when actively engaged, so her sessions will have hands-on-learning.

## **SESSION S.**

### **Is My Child Really Learning Math? (Intermediate grades 4+)**

Does your child's math look different from the math you did in school?

This session offers visual tools and strategies geared towards a new way of thinking about mathematics! Come join us as we explore mathematical operations (addition, subtraction, multiplication, and division) and mathematical concepts (place value, fractions) in ways that help students make sense of math!

## **Sheri Dressler**

Prior to becoming a teacher, Sheri worked as a Red Seal Chef for 20 years. Sheri taught the Cook Training Program at NPSS for three years and is now the SD60 Apprenticeship Coordinator. She also moonlights as a caterer, specializing in local, seasonal food.

## **SESSION T.**

### **Is your child a Picky Eater?**

Are you at the end of your rope to find healthy choices for school lunches that are affordable and that your child will actually eat?

Learn how to involve your child in making choices and sample some really different lunch and snack options, take away a plan and resources, and share ideas that work for you with other parents.

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Your Amazing Child!  
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**Registration Form**

Registration forms are available on the School District No.60 website [www.prn.bc.ca](http://www.prn.bc.ca).

**First Name** \_\_\_\_\_

**Last Name**

\_\_\_\_\_

**Phone # Home** (\_\_\_\_) - \_\_\_\_ - \_\_\_\_\_

**Work** (\_\_\_\_) - \_\_\_\_ - \_\_\_\_\_

**Email address** \_\_\_\_\_

**School/Preschool Your Child Attends** \_\_\_\_\_

**Child minding** by Baby Bear Daycare will be available for children (3-5years of age) during all sessions. A **Fun Fair** will be available for all children (5-11 years of age) during all sessions. **If you require this service, please fill in the Child Care Registration Form that follows the registration form.**

**Conference Session Selection**

*Some workshops have a tendency to fill up quickly, so please provide us with your first, second, and third choice for each session.*

**9:00 – 9:30 am      Keynote – Paula Schmidt**

**9:30-9:45am      Coffee, snack and go to your first session**

**MORNING SESSION**

**9:45am – 12:00 pm**

**1A. Jump In and Sing Together! (Presenter: Charlotte Diamond)**

**1B. Learning in the 21<sup>st</sup> Century (Presenter: Larry Espe)**

**1C. Self Regulation (Presenter: Dr. Joanne Crandall)**

**1D. What Does It Mean to be a 21<sup>st</sup> Century Parent? (Presenter: Paula Schmidt)**

**Please Choose from A1, B1, C1, OR D1**

\_\_\_\_\_ **1<sup>st</sup> Choice**    \_\_\_\_\_ **2<sup>nd</sup> Choice**    \_\_\_\_\_ **3<sup>rd</sup> Choice**



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**12:00-1:00 FREE Lunch and Networking**

**AFTERNOON SESSION 1**

**1:00-2:15pm**

**E. Helping Your Child Find the Right Career Path!**

*Presenter: Jeannette Karasiuk*

**F. What Does It Mean to be a 21<sup>st</sup> Century Learner?**

*Presenter: Paula Schmidt*

**G. Restorative Justice and Your Teen**

*Presenter: Michelle Laboucane*

**H. Get Your Butt Off the Couch!**

*Presenter: Dave Burridge*

**I. Mean Girls**

*Presenter: Ruth Relland*

**J. Importance of Play in Development Self Regulation**

*Presenter Dr. Joanne Crandell*

**K. Math – Primary (K- GRADE 3) – Numbers Numbers Everywhere**

*Presenter: Carol Lee Norris*

**L. The Parent-Child Dance**

*Presenter: Vanessa Lalonde*

**Please choose from E, F, G, H, J, K, or L, for Afternoon Session 1**

\_\_\_\_\_ 1<sup>st</sup> Choice \_\_\_\_\_ 2<sup>nd</sup> Choice \_\_\_\_\_ 3<sup>rd</sup> Choice

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**AFTERNOON SESSION 2**  
**2:25– 3:45 pm**

- M. What Does It Mean to be a 21<sup>st</sup> Century Learner?**  
*Presenter: Paula Schmidt*
- N. Do You Know What Your Kids Know?**  
*Presenter: Carleen Andrews*
- O. Empowering Our Children**  
*Presenters: Sabrina Trobak*
- P. Your Amazing Child! Ways to Embrace and Support Your Child's Uniqueness**  
*Presenter Dr. Joanne Crandell*
- Q. My Baby's Going to Kindergarten – How Will He/She Manage?**  
*Kindergarten Panel*
- R. Home Made Play Recipes for Pre-Schoolers (ages 1-6 years)**  
*Presenter: Heather McBryan and Moya Fenney*
- S. Math – Intermediate (Grades 4+) – Is My Child Really Learning Math?**  
*Presenter: Carol Lee Norris*
- T. Is Your Child a Picky Eater?**  
*Presenter: Sheri Dressler*

Please choose from M, N, O, P, Q, R, S, T, for Afternoon Session 2

\_\_\_\_\_ 1<sup>st</sup> Choice \_\_\_\_\_ 2<sup>nd</sup> Choice \_\_\_\_\_ 3<sup>rd</sup> Choice

**Please drop this form off at any school, complete online,  
or fax  
to Pat Lang at 250-785-6123.**

**\*\*\* Please bring your own mug.**

**\*\*If you require an attendance certificate for ECE renewal please indicate:  
\_\_\_\_\_ Yes**

**\*\*\*\* If your require Child Minding or the Fun Fair please continue to the next page.**

**5th Annual Parent Conference**  
**YOUR AMAZING CHILD**  
CHILD MINDING/FUN FAIR REGISTRATION FORM

Conference April 21, 2012

[www.prn.bc.ca](http://www.prn.bc.ca) and [www.earlylearning.prn.bc.ca](http://www.earlylearning.prn.bc.ca)

**Child Minding** at Baby Bear Daycare for 3-5 year olds from 8:30-12:00 and 1:00- 4:00. **You are required to pick up your child at lunchtime at the Daycare because it will be closed from 12:00-1:00.**

**Fun Fair** for 5-11 year olds from 8:30 -12:00 and 1:00- 4:00. **You are required to pick up your child at lunchtime at the Daycare because it will be closed from 12:00-1:00.**

Child's Name: \_\_\_\_\_ Age: \_\_\_\_

Child's Name: \_\_\_\_\_ Age: \_\_\_\_

Parent's Name: \_\_\_\_\_

Cell Phone Number: \_\_\_\_\_

Does your child have any allergies? Yes/No

Please specify if "yes" \_\_\_\_\_

**PLEASE:**

- All snacks must be **NUT FREE!!** We have severe nut allergies in our center, even granola bars etc. **must be** made in a peanut free facility!
- **All personal items must be labeled with your child's name:** your children's clothing, shoes, outside clothing, snacks, milk cups and any containers that may belong to you.
- Bring extra clothing in a **labeled bag** in case of spills, or accidents.
- We will require a cell phone # in case of emergencies
- ***At this time Baby Bear Daycare or the Fun Fair are unable to provide care for children with special needs or children under 3 years of age due to a shortage of staff.***

