



Little Drum Consulting

THE RIPPLE EFFECT OF RESILIENCY

Strategies for Fostering Resiliency with Indigenous Children.

This workshop will provide a unique lens into the importance of resiliency. We will begin with an overview on how stress & trauma impact children, youth and families. And why we may see addictions, various behavioural disruptions and challenges in attachment. Participants will gain a unique understanding of how history continues to impact Indigenous youth and families We will explore the 4 Blankets of Resiliency: Strong sense of self; family; community; culture, language and connection to the land and how to ensure these blankets are woven into all aspects of programming.

Presented by: Monique Gray-Smith



Thursday, May 9th 2013

9:30am - 4pm

“The Gathering Place”

Northern Lights College

11401 - 8th Street Dawson Creek, BC

To register: Heidy at 250-782-7045 email: heidykk@telus.net

\$10 per person. Send check to:

SuccessBy6; Box 246, Dawson Creek, BC V1G4G7

Monique Gray-Smith is a mixed heritage woman of Cree, Lakota, and Scottish descent. She comes from Peepeekisis First Nation and is trained as a Psychiatric Nurse. She has a strong understanding of Aboriginal Education and has worked as the Executive Director for the Aboriginal Head Start Association of BC and National Aboriginal Advisor for Roots of Empathy and Seeds of Empathy. She brings with her 21 years of experience!

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