

# Duncan Cran Preschool



February 2021

For the month of February, we are going to base activities around "Friends, Family & Feelings".

- We will be paying more attention to the 'Zones of Regulation'. We will be discussing different emotions/feelings, which 'zone' it is in, appropriate was to deal with them.
- Wednesday, February 10 we will be cooking for our Valentine's fun day! Thursday, February 11 we will enjoy our homemade treat. Children are welcome to exchange Valentine's Day cards this day as well.
- Can you could send in a baby picture of your child!? I would like to do up a guessing game with the pictures, talk about the changes and guess the changes as an adult! (label the back and I will ensure it gets returned safely).
- At the end of the month we will be celebrating friendship! This is tied in with the "Pink Shirt Day-anti bullying". If your child would like, they can wear a pink shirt on this day!
- We have been invited to join the school in a February reading challenge-see attached information!!!

Reminder there are two Mondays where there will be no school-days are identified on the calendar.